



|| JAI SRI GURUDEV ||

SRI ADHICHUNCHANAGIRI SHIKSHANA TRUST
BGS INTERNATIONAL RESIDENTIAL SCHOOL

NITYANANDANAGARA, K GOLLAHALLI POST, KENGERI HOBLI,
BENGALURU, KARNATAKA 560074

**“SERVICE TO MANKIND IS
SERVICE TO GOD”**



PARAMA POOJYA JAGADGURU
PADMABHUSHANA

**SRI SRI SRI
DR. BALAGANGADHARANATHA
MAHA SWAMIJI**



PRESIDENT OF ADHICHUNCHANAGIRI
SHIKSHANA TRUST

**SRI SRI SRI
DR. NIRMALANANDHANATHA
MAHA SWAMIJI**



MANAGING DIRECTOR
BGS & SJB GROUP OF INSTITUTIONS

**SRI SRI
DR. PRAKASHANATH
SWAMIJI**

NEWSLETTER
“JULY”
2025-26

ACADEMIC YEAR-2025-26



Shyamashree Chatterjee

PRINCIPAL

World Environment Day – A Call from Nature 🌿 Celebrated with Heart and Hope at BGSIRS

Jai Sri Gurudev,

Every year, June 5th is observed globally as World Environment Day—a powerful reminder that the well-being of our planet is in our hands. At BGSIRS, this day is not just a date on the calendar, but a meaningful celebration that reflects our enduring commitment to sustainability and environmental consciousness.

This year's Environment Day served as a guiding light for the series of engaging and insightful activities held on campus. The celebrations began with a special assembly where students presented inspiring thoughts, facts, and poems highlighting the urgency of protecting Mother Earth. The atmosphere was filled with a sense of purpose as students and teachers pledged to adopt eco-friendly habits in their daily lives.

🌿 Green Initiatives in Action

Our campus came alive with colour and purpose as students participated in a few initiatives, plantation drive, each sapling symbolizing a promise to nurture life. Children from various classes expressed their creativity through poster-making, slogan writing, and collage work—each creation sending out a strong message of conservation and responsibility. To connect deeper with the theme, interactive quizzes, group discussions, and debates were held, encouraging students to critically think about environmental issues and solutions.

Learning by Doing

Hands-on activities like initiating a kitchen garden, posters, slogans conveying the need for preserving the environment, demonstrations, composting workshops, and nature walks were organized to ensure that environmental learning moves beyond textbooks into real-life practices. Through these initiatives, students learned that every small act—be it turning off a switch, reducing plastic use, or planting a seed—can bring about meaningful change. World Environment Day at BGSIRS it was not just a celebration—it was a reaffirmation of our mission to shape thoughtful, responsible citizens who care deeply for the world around them. As educators and learners, we understand that the future of our planet rests not in policies alone, but in the hearts and hands of the young minds we nurture. Let this day be a spark that ignites lifelong habits of conservation, compassion, and care. Because when we take care of nature, nature takes care of us.



Teacher's Talk during Special Assembly

Jai Sri Gurudev,

A very good morning to one and all.

Today I want to share an idea, an idea that can play a role in shaping your future, your tomorrow. The idea is "The Future we choose: A call to action". This idea applies to all areas of our life from environmental concerns to social justice to academic pursuits. Do remember you are the agents of change and as the saying goes "Charity begins at home", so rather than being a passive observer be the change yourself.

The question is "What kind of world we want to live in?" or "What future do we want to create for ourselves?". The answer lies with us. We need to start by doing small actions in our own capacity like reducing waste, stop using plastic, taking care of our surroundings and volunteering for social services.

One such example of an ordinary man making an extraordinary contribution, is a person called Jadav Payeng from Jorhat, Assam. He single-handedly transformed a barren eroded land into a vast thriving forest over decades. He had planted and tended trees on the sandbar of the Brahmaputra river, turning into a forest reserve, which is also called the Molai forest after him.

Another such example is of a man called Dasrath Manjhi, who carved a road through a mountain by hand over 22 years, so that people from his village can have easy and quick access to the nearby hospital.

These examples brings us to a pertinent question, how far are you ready to go to pursue your dreams and in the process bring about a positive change to the society. Remember you are the future of the country, what you do today will not only shape your future but also your society and the country you live in.

Thank you.

Priyanka Chatterjee



International Day Of Yoga

Yoga Day Celebration at BGSIRS

A Journey Towards Inner Harmony and Holistic Wellness

On the occasion of International Yoga Day, BGSIRS reverberated with serenity and purpose as students and faculty gathered to honour the timeless tradition of yoga. The celebration served not only as a tribute to India's ancient wisdom but also as a reaffirmation of the school's commitment to nurturing well-rounded individuals through holistic education.

The event commenced with a soulful invocation, setting a calm and reflective tone for the morning. Students captivated the audience with graceful yoga dance sequences that seamlessly blended movement and mindfulness, symbolising the harmony between body and spirit. A series of asanas were demonstrated with remarkable poise, and their physiological and psychological benefits were insightfully explained, offering the audience a deeper understanding of yoga's comprehensive impact.

Particularly heartwarming were the performances by our enthusiastic learners from the primary section. Their vibrant participation and discipline reflected their early embrace of mindfulness, balance, and self-awareness—core values that yoga instills from a young age. The event was not just a visual treat but a powerful reminder of yoga's transformative potential. It fostered awareness of physical fitness, mental clarity, emotional stability, and spiritual growth—key pillars of a balanced life. Through this initiative, BGSIRS continues to encourage its students to cultivate inner peace and a conscious connection with their environment, embodying the ethos of mindful living.

Yoga Day at BGSIRS was more than a celebration—it was a collective journey inward, nurturing strength, stillness, and self-discovery.



Empowering Educators

CBSE Capacity Building Programme on Active Learning at BGSIRS

On Saturday, 21st June 2025, BGS International Residential School had the privilege of hosting the CBSE Capacity Building Programme on Active Learning, a transformative professional development session designed to enhance pedagogical approaches in alignment with contemporary educational imperatives.

The workshop was expertly facilitated by two distinguished and experienced educators—Ms. Deepika C Murthy, Principal of SSVN Public School, and Ms. Sowmya M S, Mathematics Educator from National Public School. Their profound subject expertise, combined with a dynamic and interactive delivery style, ensured that the session was not only intellectually stimulating but also highly practical and engaging.

Anchored in the principles of experiential and student-centric education, the programme emphasized the critical need to embed activity-based learning strategies into everyday classroom practice. Participants engaged in a series of thought-provoking hands-on demonstrations, collaborative exercises, and reflective discussions that encouraged them to re-envision traditional teaching methodologies.

A key highlight of the session was a departmental group activity wherein educators collaboratively designed and presented innovative, learner-driven lesson plans, integrating 21st-century competencies such as critical thinking, creativity, communication, and collaboration. This exercise not only fostered interdepartmental synergy but also showcased inventive strategies for achieving curriculum outcomes through active learning paradigms.

The programme culminated with a collective reflection, during which participants shared insights and reaffirmed their commitment to creating vibrant, inquiry-driven classrooms. The enriching session left all attendees invigorated, equipped with new pedagogical tools, and inspired to embrace active learning as a cornerstone of their instructional design.

BGSIRS remains steadfast in its mission to empower educators and nurture a progressive learning ecosystem where innovation, engagement, and excellence thrive.

On **World Environment Day**, Grade 4 students at BGS IRS celebrated by learning about **eco-friendly items**, exploring **different types of plants**, and pledging to "**say no to plastic**." The event raised their awareness about environmental responsibility and sustainable practices.



SCIENCE CLUB ACTIVITY

The Grade 4 Science Club held a "Pair and Share" activity focused on "The Nutritional Values of Fruits and Vegetables." Students collaborated to explore the vitamins, minerals, and fiber in various produce, learning about their importance for a healthy body and inspiring nutritious food choices. The activity made learning about healthy eating fun and informative.





LIBRARY ACTIVITY

Topic: Bookmark making

The students of grade 4 made very creative bookmarks. It was a joy to watch their hands cut the paper, their minds in full concentration, creating colourful strips of bookmarks



ENGLISH ACTIVITY



Students enacted a Role play in the class based on the lesson Rahul's Decision.

Students spoke about the ways to save electricity



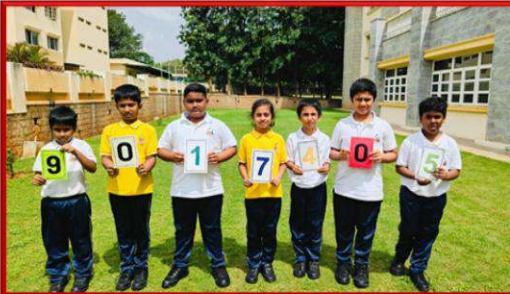
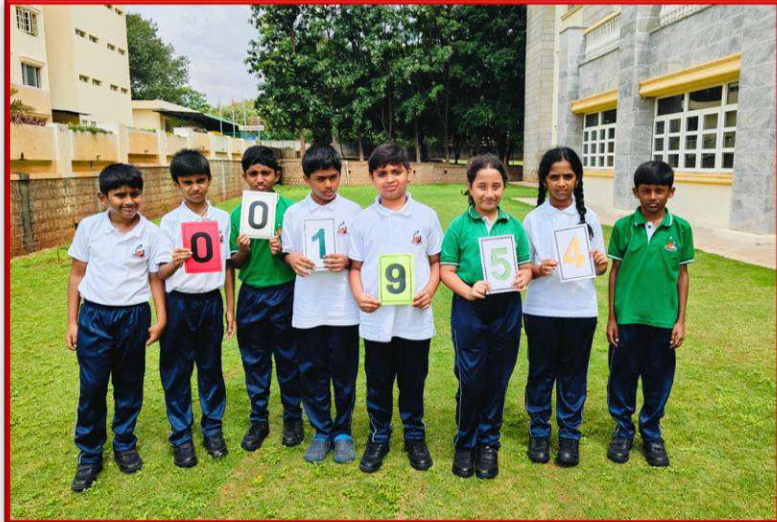
HINDI ACTIVITY

बच्चों ने प्रकृति से सीख लेकर परोपकार के कार्य को कैसे किया जाता है उसको समझने में सक्षम



MATH ACTIVITY

Students were performing an activity to form the greatest and smallest number from a given set of digits is to understand and apply the concept of place value to arrange the digits in descending and ascending order respectively.



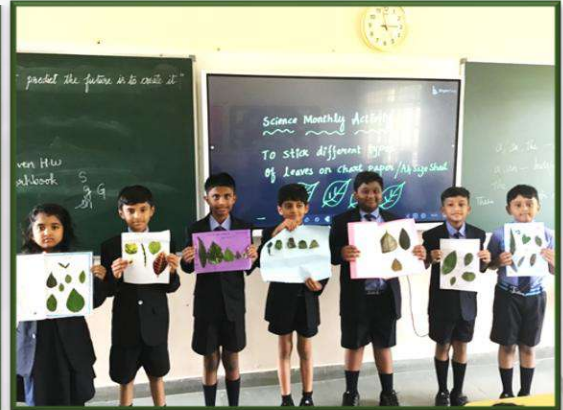
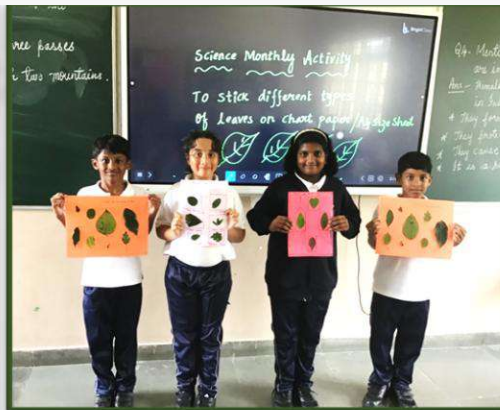
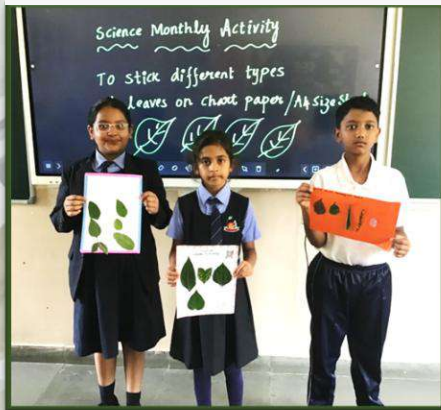
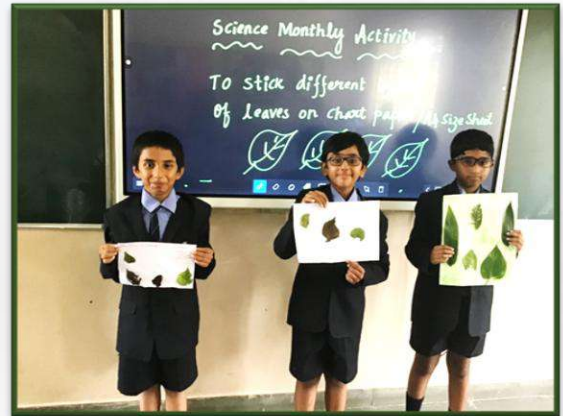
SCIENCE ACTIVITY

As part of Science Chapter Leaf : The Food Factory of a Plant, the students of Grade 4 made an exciting Leaf Sticking Activity. This hands-on task helped them explore the diversity of leaves found around them.

Each student collected different types of leaves from their surroundings. They carefully observed the shape, size, color, and texture of the leaves. The students then stuck the leaves neatly on chart paper and labeled them with the plant names, if known.

Through this fun and interactive activity, students learned to:

- * Identify different types of leaves
- * Understand that each leaf is unique and serves an important function in the plant's life.



As part of their science learning, the students of Class 4 visited Bio lab to observe stomata—the tiny pores on leaves that help plants breathe. The activity aimed to help students understand the structure and function of stomata in a simple and engaging way.

The observation helped students connect their theoretical knowledge with real-life examples. They learned that stomata play a vital role in photosynthesis and transpiration. The hands-on experience made the concept clear and sparked curiosity about how plants survive and function.



🏆 **National Olympiad Foundation Round 2 Winners !!** 🏆
Heartiest congratulations to Ishwa S Mithukula, Zehen Aarav and
Amaaya Chatterjee on this outstanding accomplishment!

